

EPILEPSY DIARY



SEIZURE
TRACKER



MY
EPILEPTIC
PET



DÔMES
PHARMA



EPILEPSY TRACKER

Owner's name:

Name of pet:

Date of birth:

Species: Dog

Cat

Other:

Breed:

Date of first seizure:

REMEMBER
the golden rules for
managing a seizure:

C

STAY CALM

C

**CUSHION THE
SURROUNDINGS**

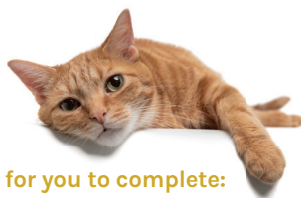
C

**CONTROL THE
SITUATION***

*If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.

Notes on completing this diary

It is important to keep a seizure diary in order to monitor your pet's epilepsy and spot any patterns.



PAGES 2–39 contain seizure tables for you to complete:

Date: to determine the frequency of seizures and spot any change

Seizure type (generalised or partial/focal), time and duration: to spot any pattern and any changes.

Recovery: the time it takes your pet to recover is just as important as describing the seizure itself.

Tick the applicable box using the following colour codes:

-  Very quick (1-15 minutes)
-  Quick (15 minutes - 2 hours)
-  Slow (2-24 hours)
-  Very slow (1 or more days)

Comments: use this space to record any other information about the seizure or recovery that you think may be important (e.g. behaviour before and after the seizure).

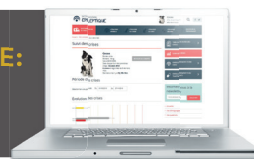
Current treatments: to help you monitor your pet's prescriptions.

↑↓ Record the time passed between two seizures.

PAGES 40–45 contain graphs to help you monitor the seizures over time.

PAGES 46–48 contain tables for tracking your pet's weight.

YOU CAN ALSO TRACK THIS INFORMATION ONLINE:
myepilepticpet.co.uk



Date of seizure	Time of seizure	Duration of Seizure	Recovery (Duration)	Comments	Current treatments
		— generalised / partial —			Time since last seizure:
					Time since last seizure:
					Time since last seizure:
					Time since last seizure:
					Time since last seizure:

[illegible]

DATE _____

FURTHER COMMENTS

(vet appointments, blood tests, diet etc.)

[illegible]



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FURTHER COMMENTS

(vet appointments, blood tests, diet etc.)

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FURTHER COMMENTS

(vet appointments, blood tests, diet etc.)

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FURTHER COMMENTS

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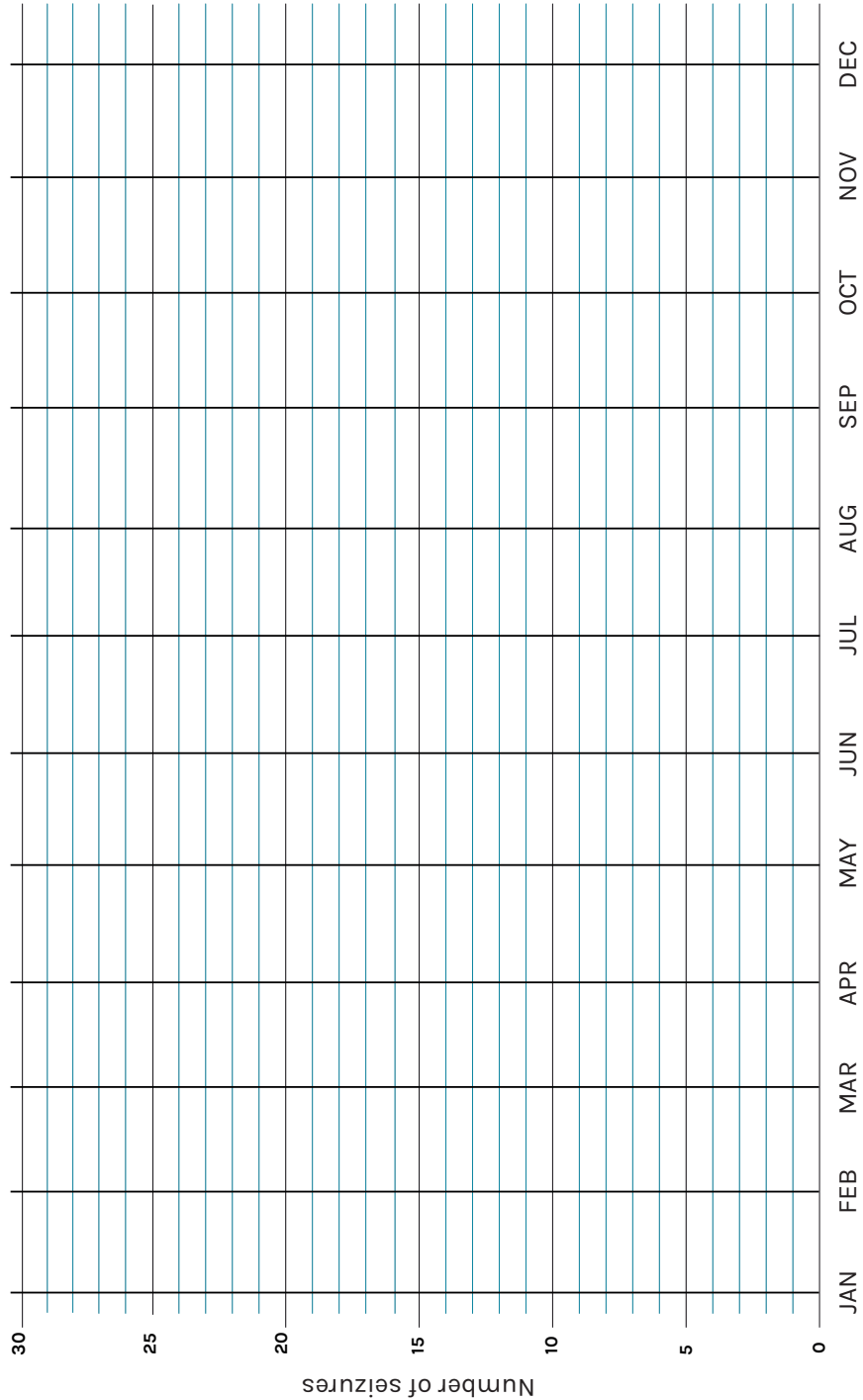




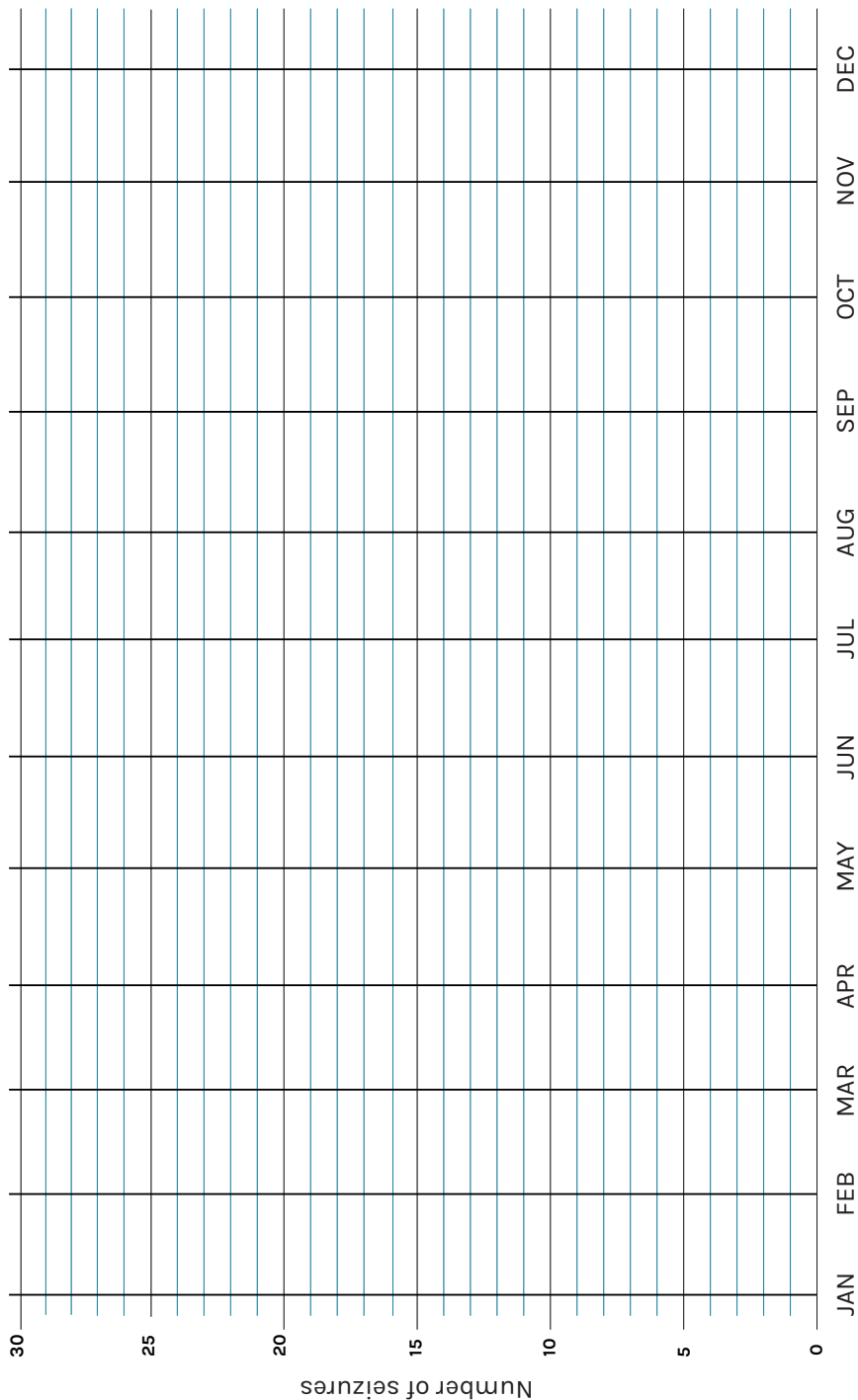
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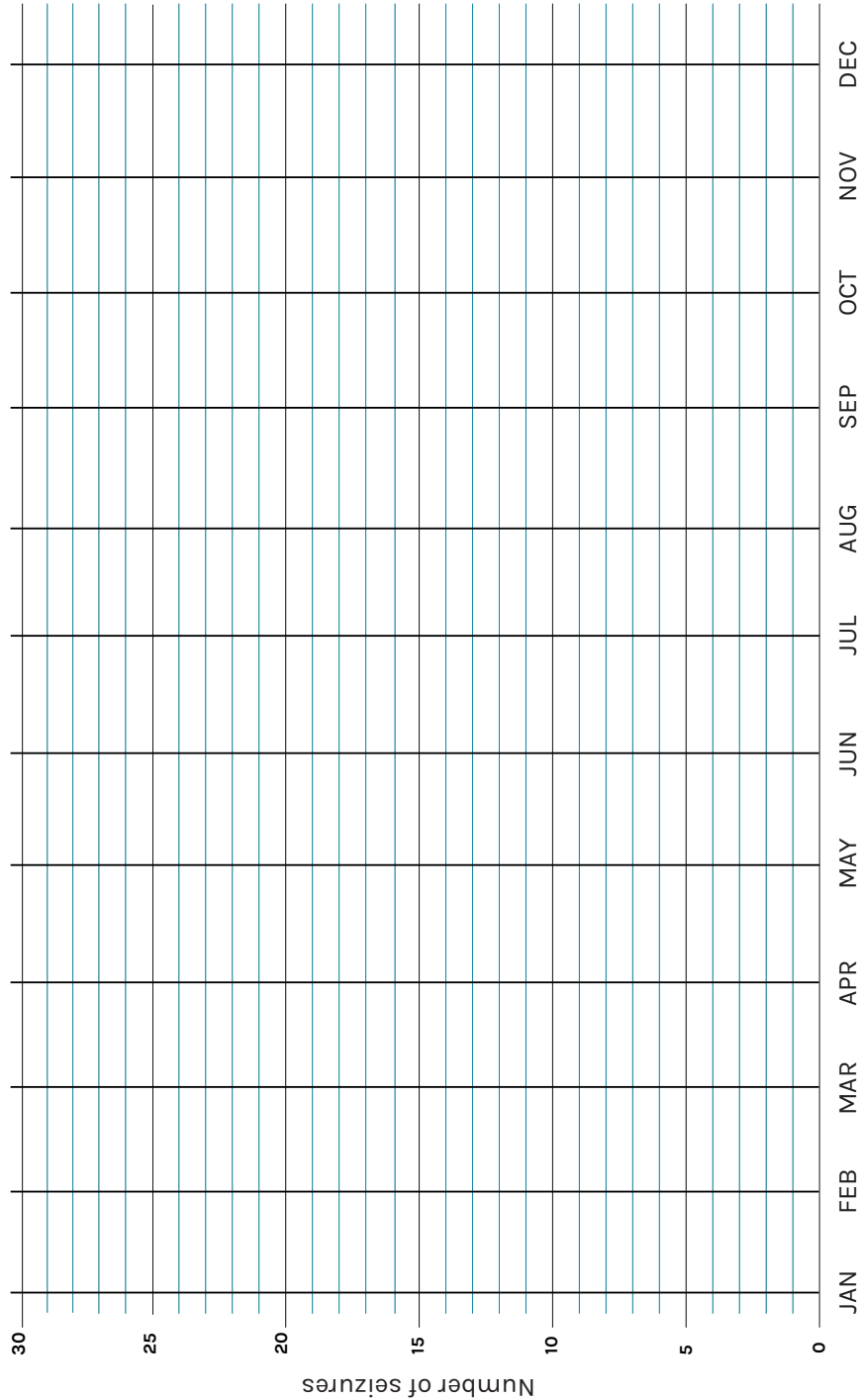
SEIZURE OVERVIEW: YEAR 20..



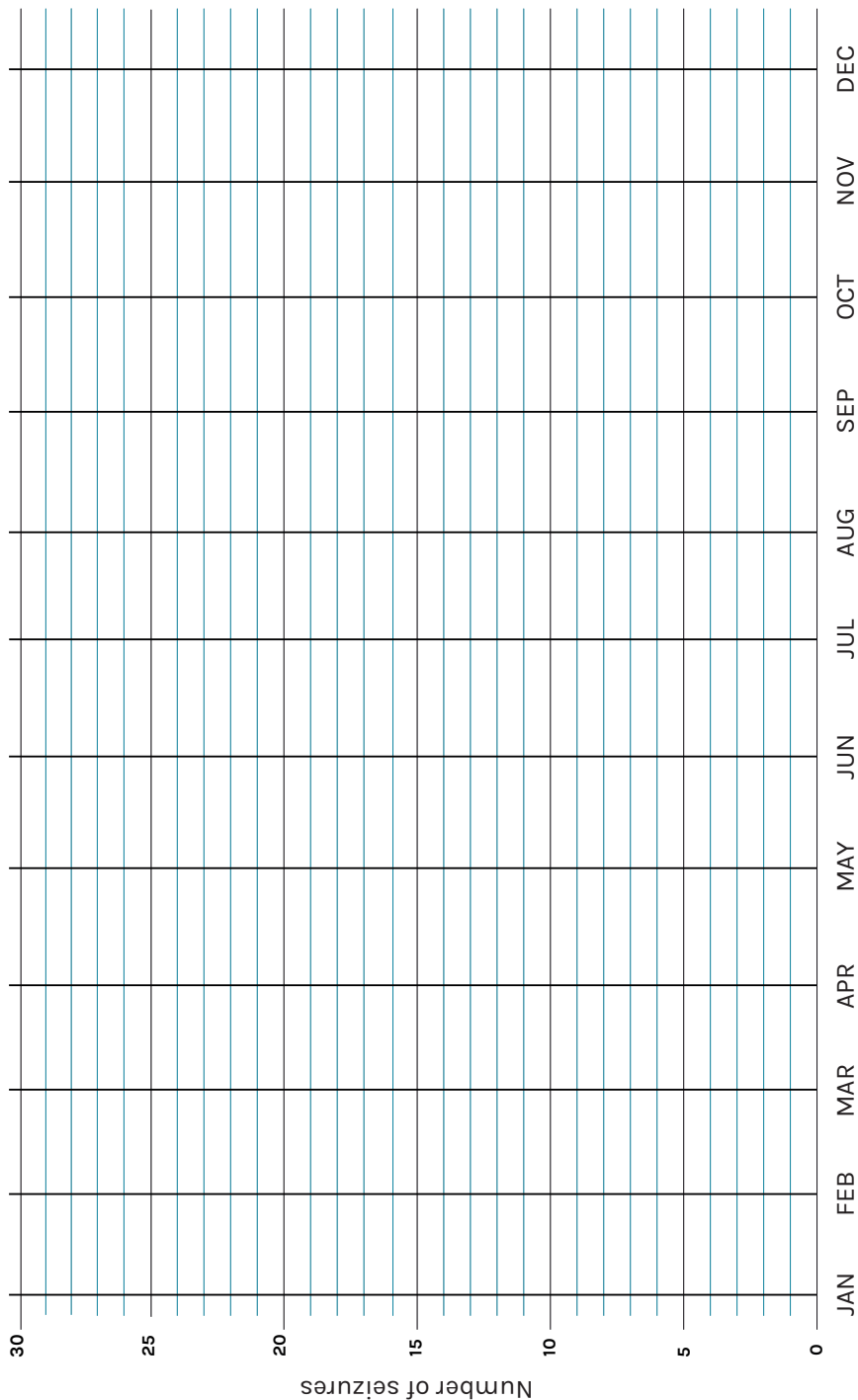
SEIZURE OVERVIEW: YEAR 20..



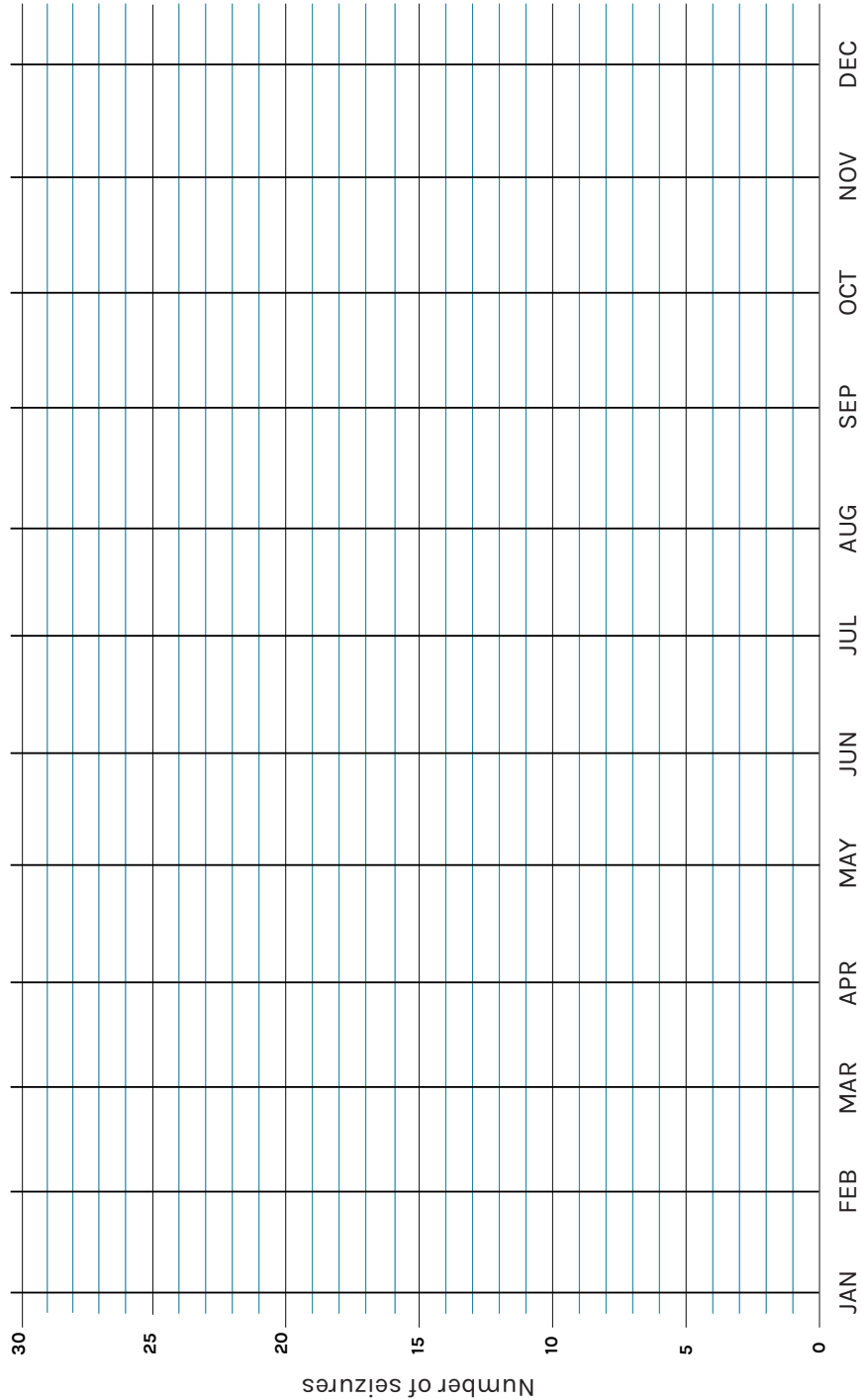
SEIZURE OVERVIEW: YEAR 20..



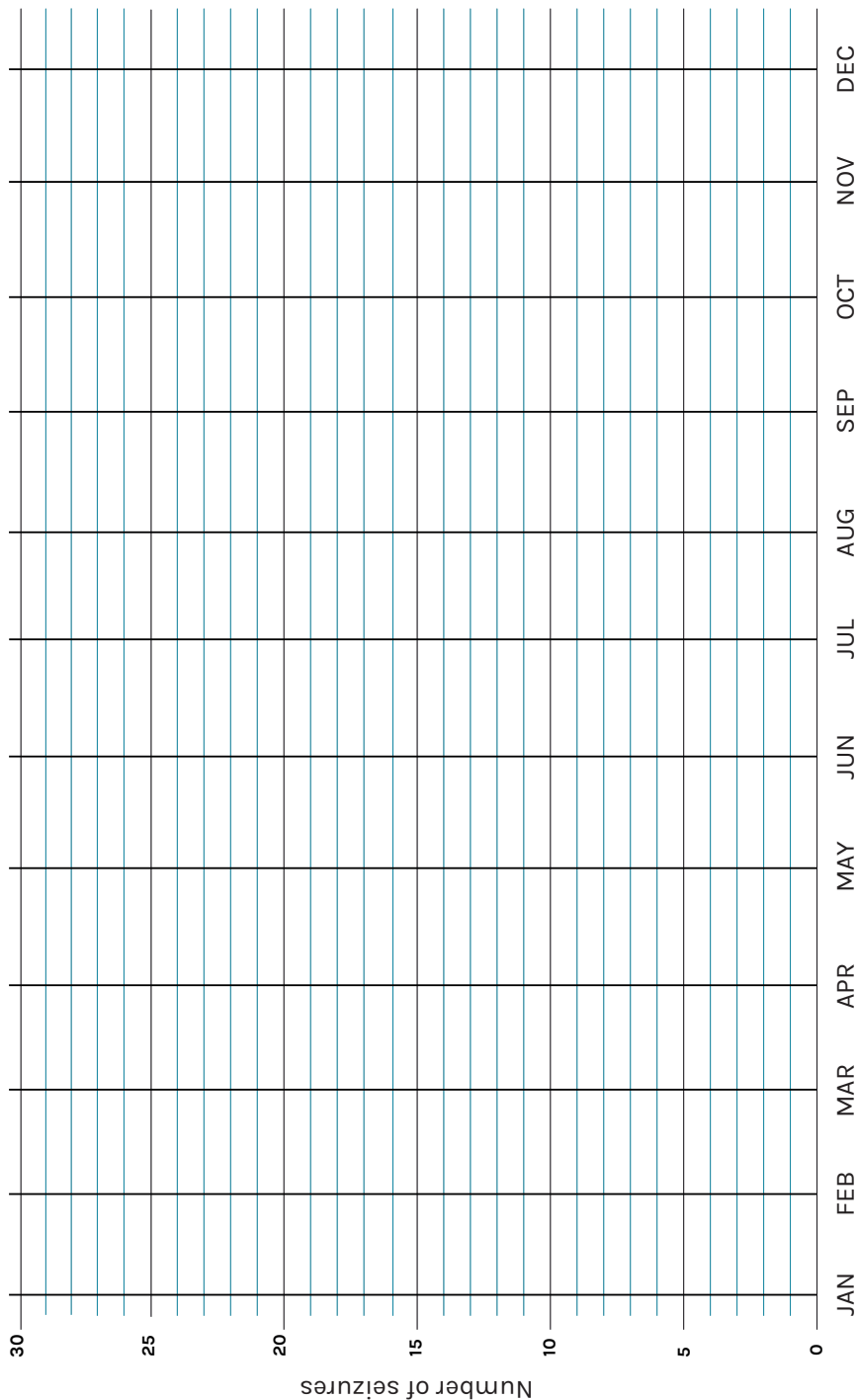
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WEIGHT TRACKER

Epilepsy and antiepileptic drugs can have an effect on your pet's weight. It is important to keep your pet at a healthy weight so that the treatment continues to be effective.

20..		20..		20..	
Date	Weight	Date	Weight	Date	Weight



20..		20..		20..	
Date	Weight	Date	Weight	Date	Weight



WEIGHT TRACKER

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20..		20..		20..	
Date	Weight	Date	Weight	Date	Weight



WHAT TO DO DURING A SEIZURE?



STAY CALM

The seizure won't last long and will stop by itself. Your pet is not suffering.



CUSHION THE SURROUNDINGS

Make sure your pet can't hurt themselves. Keep them away from children and any other pets.



CONTROL THE SITUATION

If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.